Solutions to reduce your plastic waste
### Waste audit

- Useful to realize how much plastic straws, bottles, etc. you consumed
- See where there are easy solutions to take on
- Monitor a situation and see the evolution
- You can fill in a table and calculate the quantity from your expense form or see after one day how much plastic straws have been thrown away, etc.

<table>
<thead>
<tr>
<th>Type of plastic waste</th>
<th>Annual quantities</th>
<th>Cost per unit</th>
<th>Annual total costs</th>
<th>What is the current way of disposal? (e.g., bins, recycling)</th>
<th>Alternatives</th>
<th>Cost of alternative</th>
<th>Priority</th>
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<tbody>
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<td>Toiletries</td>
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In the bedroom
Plastic bottles

• Use old wine (local artisans can make the corks) or normal glass water bottles
• Have refill stations put in different areas of your hotel and/or a filtered water system
• Provide refillable bottles to your guests
• Register to Refill Not Landfill (and gain visibility !)
Single-use toiletries

- One of the easiest ways to reduce plastic waste
- Often better quality products than the ones in single-dose
- Have personalized bottles with your logo on it. Create your own perfume to leave a unique experience to your guest
Toiletries at the reception

• Can reduce your plastic use as guests will be less tempted to use or take them
• Use the saved money to invest in bamboo toiletries
• You can also put them on sale at the reception
• If you want to leave a “gift” to your guest, better provide them with a local gift that they will be proud to take home
Communication

Put a card in the room explaining that you are trying to reduce your plastic waste. Guests will be even more appreciative of your efforts!
Disposable items

Laundry bags:
• Use reusable ones instead of plastic bags

Garbage bags:
• Do not put garbage bags in the rooms
• Have your staff empty and clean the bin when they do the room
• Put a bin just for plastic for recycling

Slippers
• Do not provide any or use washable ones
Snacks

• Put loose coffee, tea and sugar in the bedrooms
• Provide local snacks (waffles) at the end of the day to replace snacks wrapped in plastic
• Use jars to store snacks in the bedrooms
In the Kitchen
Fruits and vegetables

- Ask your suppliers to deliver plastic-free (Happy + co, Green farmers)
- Use reusable bags to buy without plastic
- Not only it will reduce plastic, but it will also show to sellers and the communities that buying without plastic is possible!
- Give away your plastic bags to Rehash Trash if you have any.
Wraps and packaging

• Use beeswax wraps, bocals and plates to store the food instead of plastic wraps
• Use refillable cleaners, hand soaps and dish washing (Sonas, Naga Earth)
• Use loofah gourds instead of normal sponges
In the restaurant
Take-away

- Styrofoam boxes are one of the most common items found around Siem Reap/Cambodia: it will never degrade and is polluting our environment
- Switch for biodegradable options or palm leaves boxes
- Use biodegradable cutleries and reusable bags
- Provide reusable bottles for guests if needed
Straws & cups

• Plastic straws increasingly give a poor customer experience
• Swap for reusable straws (metal, bamboo, etc) or for biodegradable ones (lemon grass)
• Use copper cups for the pool
Water

• Give guests a glass of water straight away when people sit down, they will be less likely to order a bottle of water

• Write in the menu that the water is safe to drink and you are trying to reduce your plastic use

• Have a refill station in your restaurant
Menu

- Almost half of the ocean’s plastic comes from fishing nets!
- Provide more vegetarian/vegan options
- This will also appeal to more guests who eating less and less meat

Fried rice with tofu
Meeting rooms

• Provide glass bottles

• Use water jars or have a refill station

• Do not give plastic cups or straws

• Provide home-made snacks, or fruits if you want to give something to the attendees
Improve your visibility!

• Visitors are increasingly looking for eco-friendly places

• Communicate on social media/website the efforts you are taking to reduce your environmental footprint

• Tell them what actions they can do to reduce their individual impact (bring a reusable bag and bottles, visit eco-friendly places, etc)
Staff training

• Know the new actions you have implemented
• Understand the impact of plastic
• They will then be able to discuss with guests about your policy to be more environmentally friendly

TIPS

• Engage them by asking about solutions to reduce plastic use
• They are your ambassadors: provide them with reusable bags, bottles and boxes!
Other waste?

- Make sure to sort out your waste
  - Glass recycling: GAEA and Naga Earth
  - Cooking oil: Naga Earth
  - Plastic bags: Rehash Trash
  - Metals cans, plastic bottles and cardboard: edjai
  - Food waste: pig farms/compost

- Train your staff about it!
The ball is in your camp!

Questions or any further suggestions to reduce plastic use?